Faculty of Physical Education and Recreation

140 Members of the Faculty

140.1 Officers of the Faculty

Dean
HA Quinney, PhD

Associate Dean, Undergraduate Studies
ML Padfield, PhD

Associate Dean, Research and Graduate Studies
EJ Watkinson, PhD

Administrative Officers
PD Bates, MEd
NL Juskiewicz, BPE
DR Mitsui, MA

140.2 Academic Staff

Professors
M Bouffard, PhD
J Hogg, PhD
D Horwood, MA
SA Mohsen, PhD (on leave)
AB Nielsen, PhD
AD Shogan, PhD
T Slack, PhD (on leave)
RD Steadward, PhD
RD Steadward, PhD
GS Swinnerton, PhD
HA Quinney, PhD
DA Shogan, PhD
T Slack, PhD (on leave)
RD Steadward, PhD
GS Swinnerton, PhD
EJ Watkinson, PhD

Associate Professors
V Blakely, MA (on leave)
BD Fisher, PhD
P Gervais, PhD
TD Hinch, PhD
ML Padfield, PhD
SR Petersen, PhD
DG Syrotuik, PhD
FA Tally, MSc
LP Thompson, PhD

Assistant Professors
G Bell, PhD
C Hannahan, PhD
VJ Harber, PhD
D Marshall, PhD
W Rodgers, PhD
MJ Smith, PhD
W Strean, PhD

140.3 Athletics and Recreation

Director
I Reade, MSc

Manager (Interuniversity Athletics)
DG Syrotuik, PhD

Manager (Campus Recreation)
HSD Hoyles, BPE

Coaches/Instructors
BP Baker, MSc
T Danyluk, BPE
RJK Daum, BPE, BEd
T David, BPE
LC Eister, MA
M Gowacki, MPE
D Horwood, MA
V Ioannides, BA, BEd
D Marshall, PhD
WR Moore, BPE (on leave)
D Sigaty, BPE
L Vickery, MSc
T Wilkinson, BSc

140.4 Faculty Operations

Director
JB Barry, MA

Manager (Events)
J Varga, BA

Manager (Facilities)
WE Montgomery, PhD

140.5 Development and Alumni Relations

Director
D Schulha, MA

140.6 Additional Members of Faculty Council

President and Vice-Chancellor
R Fraser, PhD

Professors
G Fishbume, PhD (Elementary Education)
D Johnson, PhD (History)

Registrar of the University
BJ Sikorsky, MEd

Adjunct Professors
V Baracos, PhD
Y Bhambhani, PhD
R Burnham, MD
CR Hinings, BA
EL Jackson, PhD
G McPherson
K Mummery, PhD
DC Reid, MD
G Wheeler, PhD

141 General Information

The first Physical Education courses for regular credit were offered by the Faculty of Education in 1945. This led, in the late 1940s, to a Bachelor of Education in Physical Education.

A School of Physical Education was established by the General Faculties Council in 1954 and the degree of Bachelor of Physical Education was credited on April 1, 1964. The School became the Faculty of Physical Education and in 1976 the name was changed to the Faculty of Physical Education and Recreation.

Since 1963 the Faculty has also offered a four-year program leading to the degree of Bachelor of Arts in Recreation Administration. And, in 1990, the Combined Degrees program in Physical Education (BPE) and Education (BEd) was begun.

In addition to these three undergraduate programs, the Faculty provides a wide selection of courses for students in the Faculty of Education, organizes and supervises intramural programs, and acts in an advisory capacity for the intercollegiate athletic programs.

Students holding the degree of BPE or its equivalent may undertake graduate study in physical education leading to the degrees of Master of Arts, Master of Science, and Doctor of Philosophy. Students holding the degree of BA in Recreation Administration or equivalent may undertake graduate study leading to the degree of Master of Arts and Doctor of Philosophy. The calendar of the Faculty of Graduate Studies and Research should be consulted for further details.

Teacher Education: Students wishing to qualify for teaching positions have the option of completing

(1) the combined Bachelor of Physical Education/Bachelor of Education degrees program; or
(2) the Bachelor of Physical Education degree program and then taking teaching certification; or
(3) the Bachelor of Education degree with a major in Physical Education. The major in Physical Education is offered in the secondary route only. Elementary route students should consult their advisors in building an area of concentration in Physical Education. The Bachelor of Physical Education degree offers approximately 40% more professional Physical Education courses than the Bachelor of Education degree program but requires one and one-half additional years of certification.

Campus Recreation Activities: The Faculty of Physical Education and Recreation organizes and administers a comprehensive program of recreational activities for students, academic and non-academic staff, and their families.

The objectives of the Campus Recreation Program are: to offer as wide a range of recreational activities as possible for all people on campus;
to provide, within a well organized setting, opportunities for physical exercise and an improved lifestyle for the campus population; to provide an atmosphere in which socialization will be maximized during and after participation in activities; to provide opportunities to learn how to participate in various activities; and to improve skill levels in these activities if desired.

In order to meet these electives the program has the following segments: men’s, women’s, and co-educational intramural activities; campus fitness and lifestyle programs; non-credit instruction; sports clubs; spring and summer recreation activities; and special events.

Facilities include gymnasia, two swimming pools, outdoor playing fields, 14 squash and racquetball courts, a weight training room, an ice arena, a tennis centre, and the multipurpose Universiade Pavilion built for the World University Games in 1983.

Interuniversity Athletics: A member of the Canada West University Athletic Association, the University provides opportunities for men and women to compete in interuniversity sports. Included in the activities for men are volleyball, basketball, gymnastics, hockey, wrestling, soccer, swimming, track and field, and football. Women compete in track and field, basketball, volleyball, soccer, gymnastics, swimming, and field hockey.

142 Faculty Regulations

142.1 Admission

142.1.1 General Information

General admission requirements to the University are set out in §§13 and 14. Specific admission information regarding the BPE, BA (Recreation Administration), and the combined BPE/BEd degrees programs is set out in §15.13.

142.2 Residence and Enrolment Requirements

(1) A student proceeding towards a first (bachelor’s) degree is expected to complete at least half of the credits required through courses offered by the University of Alberta (either “on” or “off” campus in winter, Intersession). Normally, at least half of these “University of Alberta” courses will be taken as the final courses in the program. Credits obtained by special assessment at the University of Alberta may be included in the count of courses used to satisfy the residency requirements. (See §14.2.6. Credit by Special Assessment.)

(2) All students entering the BPE degree program and the combined BPE/BEd degrees program must have their physician complete a medical report supplied by the Faculty prior to commencing classes. This will enable staff to better advise students concerning physical activity course requirements.

(3) All BA (Recreation Administration) students must spend at least one year of the program (normally, Year 1) registered on a full-time basis carrying a full load (i.e., ★30).

(4) Students in the BA (Recreation Administration) program must normally complete all degree requirements within eight years of their original admission to the program.

(5) A student proceeding toward a BPE degree must normally attend the first two years of the program on a full-time basis (minimum ★30/session). Special cases will be considered on individual merit, but a student will not be allowed to pursue the degree entirely on a part-time basis.

142.3 Registration Requirements

(1) Continuous Registration: All students must register in their program on a continuous basis to ensure a place in the program. Students who wish to temporarily discontinue their program must obtain prior approval of the Faculty. Discontinuance without permission will require the students to seek readmission and, in this situation, readmission will not be guaranteed.

(2) Course Load: Normally, permission to enrol in extra courses (beyond ★36) during a Winter Session term will not be granted. Where a student wishes to enrol in more than ★36 during the Winter Session, a request must be submitted in writing to the Associate Dean (Undergraduate Programs) of the Faculty. Such a request will be considered only if the student has obtained a minimum GPA of 7.0 on a minimum of ★24 during the previous Academic Session (two terms).

(3) Directed Studies Courses: Students will normally only be allowed a maximum of two Directed Studies courses to count towards their degree program.

142.4 Definitions

The following terms, definitions and abbreviations are used throughout this section of the calendar.

(1) Unit of Course Weight: A unit of course weight is an indication of the instructional credit assigned to a course and is designated by the ★ symbol after the course number and name. Units of course weight are used to form a part of the degree requirements and are also used in calculating a students Grade Point Average (GPA).

(2) Full-Session: The instructional period from September to April and is often referred to as the winter session.

(3) Full-Session Course: A full-session course means a single course with a weight of ★6.

(4) Half-Session: The instructional periods from September to December or January to April.

(5) Half-Session Course: A half-session course means a single course with a weight of ★3.

(6) Normal Course Load: A normal full academic course load is ★30 taken during the winter session. Note: In order to complete the BPE/BEd combined degree in the recommended five-year period, students must take an average of ★33 each session.

(7) Passing Grade: No grade lower than 4.0 will be permitted in any course leading to the BPE, BPE/BEd, or BA (Recreation Administration) degree programs.

(8) Grade Point Average (GPA): The Grade Point Average (GPA) is defined by the following formula:

\[
\text{GPA} = \frac{\text{sum of (grade x units of course weight)}}{\text{sum of units of course weight}}
\]

The GPA refers to the sessional average and the following are the rules for its computation:

a. The GPA for any session shall be based on the final grades in all courses taken during that session, including half-session courses repeated in the second term and courses extra to the degree program;

b. An alphabetical grade of ABF will be counted as a numeric grade of 1.0 in the computation of the common GPA;

c. An alphabetic grade of WF will be counted as a numeric grade of 1.0 in the computation of the common GPA;

d. Grades of Credit-No Credit and Pass-Fail will not be included in the computation of the common GPA;

e. The common GPA will be rounded to the nearest decimal place using standard rounding rules—i.e., it will be rounded up with a value of 5.0 or greater in the first non-significant place and rounded down with a value of 4.0 or less in the first non-significant place.

142.5 Academic Standing and Graduation

(1) To qualify for the BPE or BA (Recreation Administration) degree, a student must successfully complete all requirements including a GPA of at least 5.0 in the last two years of their program.

(2) To receive the BPE and BEd degrees concurrently, students must have completed all the requirements for the combined program and must meet the requirements for graduation for each degree (see §72.7.1).

(3) Degree with Distinction: The “Degree with Distinction” will be awarded to students who obtain a GPA of 7.5 or higher on the last ★60 in the BA (Recreation Administration) degree program or in the BPE degree program.

(4) Grades in PAC Courses: A minimum grade of 4.0 will be required in a 100-level PAC course in order to proceed to the PAC 300-level.

(5) Academic Status:

a. First Class Standing: First Class Standing in a given year will be awarded to any undergraduate student who obtains a Grade Point Average (GPA) of not less than 7.5 while enrolled in a full, normal academic course load in that year. A full academic course load shall consist of ★30 or more.
b. Satisfactory Standing: The student is eligible to continue in the program. To achieve Satisfactory Standing, a student must have obtained a GPA of 5.0 or greater during the Winter Session.

c. Marginal Standing: The student is placed on academic warning. To be assigned Marginal Standing, a student must have obtained a GPA of less than 5.0 but not less than 4.5 during the Winter Session. A student who is given Marginal Standing will be required to meet the following conditions:
1) normally register as a full-time student and must achieve a GPA of 5.0 or greater on ∗30 or a GPA of 5.5 on fewer than ∗30 but not fewer than ∗24 during the Winter Session.
2) complete specific course requirements as dictated by the Faculty, such requirements to be communicated to the student in writing prior to registration.

Students on Academic Warning as a result of acquiring Marginal Standing will have their Warning lifted upon successful completion of these requirements.

d. Unsatisfactory Standing: The student is required to withdraw. To receive Unsatisfactory Standing, a student must have obtained a GPA of 4.4 or less during the Winter Session, or must have received Marginal Standing on two occasions (not necessarily consecutively) during the program.

e. Academic Warning: A status assigned by the Faculty to those who have been admitted (or permitted to continue) on a probationary basis, because their previous academic record is either deficient in some respect or below the standard ordinarily required. This status may also be assigned to students whose previous educational attainment may be difficult to assess (e.g. refugees lacking academic records). Academic probation sometimes involves a recommended reduction of student load and interviews for diagnosis of difficulties and for review of progress. Usually the student is required to make specified improvement in their record or incur academic dismissal. Normally, if any such students fail to meet the conditions stipulated within the time limit imposed, they will not be allowed to proceed further in the program.

f. Readmitted Students: A student who has previously been required to withdraw from any postsecondary institution and is admitted or readmitted to the Faculty (see §23.6.1(b)) will be placed on Academic Warning and required to meet the conditions stipulated in (c) above. The student will remain on Academic Warning for the remainder of the degree program. A student who has previously been required to withdraw from any postsecondary institution and is admitted or readmitted to the Faculty and subsequently fails to meet the requirements of Academic Warning will be required to withdraw from the Faculty. The student will not be admitted or readmitted again to the Faculty.

(6) Reexaminations: See §23.5.5.

142.5.1 Promotion Standards for BPE and BA (Recreation Administration) Degree Programs

(1) Full-time students will be promoted from year to year based on the following guidelines:

a. Promotion from Year 1 to Year 2: Students must have successfully completed a minimum of ∗30 applicable to their program.

b. Promotion from Year 2 to Year 3: Students must have successfully completed a minimum of ∗60 applicable to their program, including all first-year requirements.

c. Promotion from Year 3 to Year 4: Students must be able to complete all requirements for graduation in time to convocate either in the Spring or Fall of the next year.

(2) Students who have received approval to pursue the degree on a part-time basis will be promoted from one year to the next when they have met the appropriate criteria.

142.5.2 Promotion Standards for the Combined BPE/BEd Degree Program

(1) Full-time students enrolled in the BPE/BEd program will be promoted from year to year in the program based on the following guidelines:

a. Promotion from Year 1 to Year 2: Students must have successfully completed a minimum of ∗33 applicable to the combined program.

b. Promotion from Year 2 to Year 3: Students must have successfully completed a minimum of ∗66 applicable to the combined program.

c. Promotion from Year 3 to Year 4: Students will be promoted to Year 4 in the Faculty of Education providing a minimum AGPA of 5.0 has been achieved, and a minimum of ∗90 applicable to the BPE/BEd program has been successfully completed. (Note: Students in Year 3 must submit a Readmission/On-Campus Transfer nomination form to the Faculty of Education. Students in Year 3 who have completed less than ∗99 towards the BPE/BEd program, but who have an AGPA of at least 5.0, may select one of the following program alternatives: 1) remain in Year 3 of the BPE/BEd program in the Faculty of Physical Education and Recreation for one additional year, or 2) apply to enter the BPE degree program and complete a modified Individualized Concentration.)

142.6 Changes in Registration

(1) Changes in Registration (i.e., last day to add courses). The deadlines for changes in registration, daytime courses are first-term and full-session courses: September 10; second-term courses: January 12.

(2) The deadlines for withdrawing from courses are noted in §11.

PAC/DAC 100-level courses half term in length have a withdrawal deadline of the Friday of the fourth full week of the courses. PAC/DAC course withdrawal dates are also noted in §11.

142.7 Academic Appeals and Grievances

A student wishing to appeal an academic decision within this Faculty must first attempt to resolve the issue with the instructor concerned (if applicable), and if this is not satisfactory, with the Associate Dean. If there is still no satisfactory resolution of the issue the student may then appeal to the Faculty’s Undergraduate Student Academic Appeal Committee, by submitting an appeal in writing to the Chair of the Undergraduate Academic Appeal Committee within 30 days of notification of the decision to be appealed. Further details of the Faculty’s appeal procedure are available from the office of the Dean. Certain decisions of this Faculty Undergraduate Academic Appeal Committee may be appealed to the Academic Appeal Committee of General Faculties Council within 30 days of receiving a decision from the Faculty Appeal Committee. For further information contact the secretary of General Faculties Council.

142.8 Attendance in Faculty of Physical Education and Recreation Courses

(1) Attendance at the first class/lab: Due to the demand for spaces in many courses, it is necessary to obtain accurate enrolment figures as early as possible in the term to allow students to be considered for available spaces. Therefore, students who are not in attendance at the first two class meetings (without giving prior written notice to the Faculty) will be subject to having their names struck from the official class list and will not be permitted to attend further meetings of the class.

(2) Attendance in courses: Since attendance at lectures, participation in classroom discussions are important components of most courses, students will serve their interests best by regular attendance. Those who choose not to attend must assume whatever risks are involved. However, it should be made clear that a student may be refused permission to write the final examination in a course on the recommendation of the instructor and with the concurrence of the Faculty in the following circumstances:

a. The student has neglected to do a substantial portion of the written assignments in a course of which these are an essential feature, or has attended insufficiently in a course in which class participation is a necessity.

b. The student has neglected to do a sufficient amount of the practical or laboratory work in a course in which these are considered a basic requirement (See §23.3). The Faculty of Physical Education and Recreation’s policy concerning attendance at laboratory, practicum, seminars, and physical activity/dance activity classes is that unexcused absence from more than 10% of class sessions is considered to be insufficient attendance. Therefore, in such a situation, permission to take the final examination may not be granted.

142.9 Clothing

Students are advised that the purchase of physical education wearing apparel must be completed prior to the start of activity classes.

Activity course dress requirement for first class: Students are expected to attend the first class of an activity course appropriately dressed for active participation.
143 Programs of Study

143.1 The BPE Degree Program

143.1.1 Program Structure

Beginning with the 1995/96 Winter Session, students who entered the Bachelor of Physical Education degree program began taking a program of ★120, which has both a professional and discipline focus. The components of the degree include:

1. **Degree Core**: A group of required courses totalling ★54 that provides the foundation of knowledge in both professional and discipline areas of the field.

2. **Areas of Concentration**: There are five areas of concentration providing specializations in professional areas of physical education, sport, health, and well-being. Each concentration will consist of ★27 and will normally include a practicum opportunity. Students will select their area of concentration during the second year of their program.

3. **Option Component**: A group of courses totalling ★24 which may be taken from within the Faculty or from departments outside the Faculty, provided a minimum of ★12 is taken from outside the Faculty.

4. **Aquatics Requirement**: Students will be required to provide proof of swimming certification to Red Cross (White Level), or equivalent level of skill, or successfully complete PAC 110 or PAC 310. Students unable to complete this requirement due to medical reasons must provide medical documentation.

5. **Activity Component**: Activity courses are those which focus on a physical activity or group of activities. 100-level Physical Activity Courses (PAC) and Dance Activity Courses (DAC) focus on the acquisition of basic skills and development of theoretical knowledge fundamental to the activity. Evaluation processes in these courses reflect these priorities. PAC/DAC 300-level courses focus on advanced skill development analysis, instruction, and/or coaching of a physical activity or group of activities. A minimum of ★1.5 in gymnastics is required. This course helps to develop safety skills (e.g. safety in landings) and body management relevant to other activities and, therefore, should be completed early in the program.

In addition to the gymnastics requirement, students must complete a minimum of ★4.5 at a 100-level; a minimum of ★3 at a 300-level in team sports/activities; and a minimum of ★3 at a 300-level in an individual/dual activity. (See definitions below). In total, every BPE student must present a minimum of ★15 in activity courses prior to graduation.

A maximum of ★24 in activity courses may be credited towards the BPE degree program. Any units of course weight above the required ★15 will be included in the Option Component of the degree.

6. **Definitions**:

   a. **Individual/Dual Activities**: Those sports or activities that one can participate in as an individual, or play on a one on one basis (e.g. Rock Climbing, Badminton, Yoga).

   b. **Team Sports Activities**: Those sports played as a team (e.g. Basketball, Volleyball).

143.1.2 Course Sequence

The sequencing of courses follows. Students will be expected to follow the prescribed order as closely as possible.

### Course Sequence for BPE

<table>
<thead>
<tr>
<th>Year 1 (★30)</th>
<th>Year 2 (★30)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. DANCE 100</td>
<td>1. PEDS 200</td>
</tr>
<tr>
<td>2. HE ED 110</td>
<td>2. PEDS 201</td>
</tr>
<tr>
<td>3. PEDS 100</td>
<td>3. PEDS 202</td>
</tr>
<tr>
<td>4. PEDS 102</td>
<td>4. PEDS 203</td>
</tr>
<tr>
<td>5. PEDS 105</td>
<td>5. PEDS 206</td>
</tr>
<tr>
<td>6. PERLS 101</td>
<td>6. PERLS 204</td>
</tr>
<tr>
<td>7. PERLS 104</td>
<td>7. PERLS 207</td>
</tr>
<tr>
<td>8. ★6 options</td>
<td>8. ★6 PAC/DAC</td>
</tr>
<tr>
<td></td>
<td>9. ★3 option</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Year 3 (★30)</th>
<th>Year 4 (★30)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. PEDS 303</td>
<td>1. ★12 Concentration Courses</td>
</tr>
<tr>
<td>2. PERLS 304</td>
<td>2. ★3 Concentration Course</td>
</tr>
<tr>
<td>3. PEDS 307</td>
<td>3. ★3 PAC/DAC</td>
</tr>
<tr>
<td>4. ★12 Concentration Courses</td>
<td>4. ★12 options</td>
</tr>
<tr>
<td>5. ★6 PAC/DAC</td>
<td></td>
</tr>
<tr>
<td>6. ★3 option</td>
<td></td>
</tr>
</tbody>
</table>

143.1.3 Degree Program Concentrations

Students will select from one of five concentrations during Year 2 of the program. Students should contact the Undergraduate Programs Office of the Faculty of Physical Education and Recreation for information about specific concentration requirements.

1. **Active Living, Health, and Well-Being**: This area of concentration is designed to provide students with an understanding and an appreciation of the importance of physical activity and other lifestyle behaviors to fitness, health, and well-being. Social, personal, situational, and activity factors influencing the acquisition and maintenance of active healthy lifestyles will be emphasized.

2. **Sociocultural Aspects of Sport and Leisure**: The focus of this concentration is on management and social issues in sport and leisure. It provides a background and training for those who wish to assume managerial positions in sport and leisure and/or develop an understanding of the socioeconomic and political issues relating to sport and leisure.

3. **Physical Activity and Sport Performance**: The focus of this concentration is to develop an understanding of the interdisciplinary nature of performance through the completion of courses in the biological, behavioral, and coaching/pedagogy content areas. Students are expected to apply this interdisciplinary approach to observation/evaluation, prescription, and program delivery for performance optimization in a variety of environments.

4. **Adapted Physical Activity**: The focus of this concentration is on developing skills to facilitate the active living of special populations. Emphasis is placed on gaining instructional and leadership skills for physical activity and sport programs for children with developmental disabilities, for individuals of all ages with physical disabilities, and individuals of all ages with special needs.

5. **Individualized Concentration**: This concentration affords students the opportunity to design a combination or collection of courses that meets their individual interests and needs, provided that an opportunity to pursue their area of interest is not available through the other four concentrations. This would be done in consultation and with the approval of an academic advisor.

143.2 BA in Recreation Administration Degree Program

Beginning in the 1993/94 Winter Session, students who entered the Bachelor of Arts in Recreation Administration degree program began taking a program of ★120.

143.2.1 Program Structure

The program is made up of three components:

1. **Foundation Core**: A group of junior-level courses totalling ★30. These courses, taken in Year 1 provide the student with a base of knowledge in the Arts and Sciences.

2. **Degree Core**: A group of required courses in recreation and leisure studies totalling ★51 including a required full-term practicum.

3. **Patterns of Concentration**: An area of focus allowing students to develop a beginning competency in an area of professional career specialization. Each pattern consists of ★36.

143.2.2 Course Sequence

Upon admission to the program, students are randomly assigned to two groups of equal numbers: Group A and Group B. The two groups follow identical courses for the first two years of the program, but have a different sequence of courses in the third and fourth years as a result of the timing of the Professional Practicum. Group A students enrol in the Practicum for the second term of the third year. Group B students enrol in the Practicum for the first term of the fourth year. The program of study for both groups follows:

### Course Sequence for BA in Recreation Administration

<table>
<thead>
<tr>
<th>Year 1 (★30)</th>
<th>Year 2 (★30)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. RLS 100</td>
<td>1. RLS 220</td>
</tr>
<tr>
<td>2. RLS 121</td>
<td>2. RLS 223</td>
</tr>
<tr>
<td>3. PERLS 101</td>
<td>3. RLS 224</td>
</tr>
<tr>
<td>4. ★100-level Physical Geography</td>
<td>4. RLS 225</td>
</tr>
<tr>
<td>5. ★100-level Philosophy (PHIL 101 or 102 recommended)</td>
<td>5. RLS 230</td>
</tr>
<tr>
<td>6. ★100-level Sociology (SOC 100 recommended)</td>
<td>6. RLS 232</td>
</tr>
<tr>
<td>7. ★100-level POL S or ECON</td>
<td>7. PERLS 204</td>
</tr>
<tr>
<td>8. ★100-level Psychology (PSYCO 104 recommended)</td>
<td>8. PERLS 207</td>
</tr>
<tr>
<td>9. ★100-level option (not PAC/DAC courses)</td>
<td>9. SOC 210</td>
</tr>
<tr>
<td></td>
<td>10. SOC 315</td>
</tr>
</tbody>
</table>
143.2.3 Patterns of Concentration

(1) **Community Leisure, Recreation, and Tourism:** This pattern recognizes that leisure, recreation, and tourism have the inherent potential to make significant contributions to the quality of life within local communities. The pattern therefore focuses on developing an understanding of not only the role of leisure, recreation, and tourism at the community level, but also the means by which these opportunities may be effectively and efficiently provided.

(2) **Recreation/Leisure Environments and Heritage Resources:** This pattern focuses on the provision of recreation/leisure and tourism opportunities in a variety of settings, including natural and cultural landscapes, heritage resources, parks and protected areas, urban open space, and built facilities. Students may, through the selection of appropriate courses, either concentrate on the planning and management of recreation resource environments or on program development, leadership, and counselling for recreation experiences in outdoor settings.

(3) **Recreation/Leisure for Special Populations:** This pattern is designed to educate and prepare entry level, supervisory and/or administrative personnel for the field of recreation and the ultimate delivery of services to special populations. The pattern allows the student to emphasize either therapeutic recreation or recreation services for individuals and groups with special needs.

Environments offering therapeutic recreation, such as correctional institutions, health care facilities, rehabilitation centres, long-term care facilities, as well as community organizations, associations, and municipal park/recreation agencies providing recreation services for individuals and groups with special needs will be examined.

The pattern attempts, through student course selection, to develop awareness of the needs of special populations and how recreation is able to meet them. Also, the courses will provide the student with an understanding of recreation for special populations in relation to the total field of recreation.

(4) **Individual Program:** The individual program pattern exists to make provision for the special interests and needs of a limited number of individual students that cannot be readily met through the three regular or established patterns in the degree program. It permits the individual student to build his or her own program pattern based upon an individual area of interest. The area of interest must constitute a coherent and integrated focus of study, and not consist simply of an uncoordinated collection of diverse courses. Enrolment in this pattern requires permission of the Director of the Division.

143.3 The Combined BPE/Ed Degrees Program

See also §74.6.

Beginning in the 1995/96 Winter Session, students who entered the combined BPE/Ed degree began taking a program of 159 over a period of five years. During this five-year program, Physical Education courses and Education courses are studied concurrently. Students initially apply for admission to the Faculty of Physical Education and Recreation and are considered to be registered in that Faculty for the first three years of the program. All qualified Year 3 BPE/Ed students will be promoted to Year 4 in the Faculty of Education providing a minimum AGPA of 5.0 has been achieved, and a minimum of 199 applicable to the BPE/Ed program has been successfully completed. **Note:** Students in Year 3 must submit a Readmission/On-Campus Transfer application form by January 15 to the Faculty of Education. Students in Year 3 who have completed less than 199 towards the BPE/Ed program, but who have an AGPA of at least 5.0 may select one of the following program alternatives: (1) remain in Year 3 of the BPE/Ed degree program in the Faculty of Physical Education for one additional year, or (2) apply to enter the BPE degree program and complete a modified individualized Concentration.

### 143.3.1 Program Structure

1. **Degree Core – BPE Portion:** A group of courses totalling 160 from the Faculty of Physical Education and Recreation, which parallel the BPE degree core with the following exceptions:
   a. Students will take PEDS 205, 240, 294, and a senior PEDS option.
   b. Students will not be required to take PEDS 200 and 202.

2. **Degree Core – BEd Portion:** A group of courses totalling 145 taken from the Faculty of Education to meet the requirements for teaching certification.

3. **Minor Component:** Students will select a minor subject area and take the requirements as set out in §74.4.4. The minor component will consist of 18.

4. **Option Component:** A group of courses totalling 9 of open option courses which may be taken from within the Faculty or from Departments outside the Faculty.

5. **Aquatics Requirement:** Students will be required to provide proof of swimming certification to a Red Cross (White level), or equivalent level of skill, or successfully complete PAC 110 or 310. Students unable to complete this requirement due to medical reasons must provide medical documentation.

6. **Activity Component:** Please refer to §143.1.1(5) for information of the goals and focus of Activity Courses in the Faculty of Physical Education and Recreation. A minimum of 1.5 in gymnastics is required. This course helps to develop safety skills (e.g., safety in landings) and body management relevant to other activities and, therefore, should be completed early in the program.

In addition to the gymnastics requirement, students must complete a minimum of 6 at a 100-level in Individual/Dual activities; a minimum of 3 at a 100-level in team sports/activities, a minimum of 3 at the 300-level Individual/Dual activities, and a minimum of 3 at a 300-level in team sports/activities (see definitions listed in §143.1.1(6)). In total, every BPE/Ed student must present a minimum 18 in activity courses prior to graduation.

**Note:** It is recommended that students select courses appropriate for teaching the Alberta Physical Education curriculum. These courses, in conjunction with DANCE 100, HE ED 110, and PEDS 205, will meet the requirements for activity in the BEd degree program.

### 143.3.2 Course Sequence

The combined BPE/Ed degrees program course sequence follows. The sequencing of the courses taken in the program does not allow for much flexibility throughout the five years; therefore, students are advised to plan their programs carefully.

#### Course Sequence for BPE/Ed (also see §74.6.2)

<table>
<thead>
<tr>
<th>Year 1 (##3)</th>
<th>Year 2 (##3)</th>
<th>Year 3 (##3) (See Note 1)</th>
<th>Year 4 (##30)</th>
<th>Year 5 (##30)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. DANCE 100</td>
<td>1. PEDS 105</td>
<td>1. HE ED 110</td>
<td>Student Teaching Term</td>
<td>Student Teaching Term</td>
</tr>
<tr>
<td>2. PEDS 100</td>
<td>2. PEDS 203</td>
<td>2. PEDS 201</td>
<td>1. 15 Education Courses</td>
<td>1. 15 Education Courses</td>
</tr>
<tr>
<td>3. PEDS 102</td>
<td>3. PEDS 206</td>
<td>3. PEDS 205</td>
<td>2. 3 Minor Subject (EDSE)</td>
<td>2. 3 Minor Subject (EDSE)</td>
</tr>
<tr>
<td>4. PEDS 104</td>
<td>4. PERLS 207</td>
<td>4. PEDS 203</td>
<td>On-Campus Term</td>
<td>On-Campus Term</td>
</tr>
<tr>
<td>5. PEDS 294</td>
<td>5. PERLS 204</td>
<td>5. PEDS 206</td>
<td>1. 3 Education Courses</td>
<td>1. 3 Education Courses</td>
</tr>
<tr>
<td>6. PERLS 204</td>
<td>6. 3 Education Courses</td>
<td>6. PERLS 304</td>
<td>2. 6 Option</td>
<td>2. 6 Option</td>
</tr>
<tr>
<td>7. 3 Education Courses</td>
<td>7. 3 Education Courses</td>
<td>7. 6 Minor Subject</td>
<td>3. 3 Option (See Note 2)</td>
<td>3. 3 Option (See Note 2)</td>
</tr>
<tr>
<td>8. 6 Minor Subject</td>
<td>8. 6 Minor Subject</td>
<td>8. 6 PAC/DAC</td>
<td>4. 3 Option</td>
<td>4. 3 Option</td>
</tr>
<tr>
<td>9. 6 PAC/DAC</td>
<td>9. 6 PAC/DAC</td>
<td>9. 6 PAC/DAC</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Notes:**

(1) Students must apply for admission to the Faculty of Education during this year.

(2) If an EDSE is not taken as part of the Minor, this course must be an Education option.
143.4 Graduate Study

The Faculty of Physical Education and Recreation offers programs leading to the degrees of MA, MSc, and PhD in Physical Education and Sport Studies, and to MA and PhD degrees in Recreation and Leisure Studies. The MA degrees are available in a course-based as well as the usual thesis-based format. In addition, the Faculty, in conjunction with the Faculty of Business, offers a course-based MBA program with specialization in Leisure and Sport Management.

For further information write to the Associate Dean (Research and Graduate Studies) of the Faculty of Physical Education and Recreation, University of Alberta, Edmonton, Alberta, T6G 2H9. Refer to the Faculty of Graduate Studies and Research section of this Calendar for more information regarding regulations.

144 Courses

Faculty of Physical Education and Recreation courses can be found in §211, Course Listings, under the following subject headings:

- Dance (DANCE)
- Dance Activity (DAC)
- Health Education (HE ED)
- Interdisciplinary Studies (INT D)
- Physical Activity (PAC)
- Physical Education and Sport (PEDS)
- Physical Education, Recreation, and Leisure Studies (PERLS)
- Recreation and Leisure Studies (RLS)